Holy Rood Catholic Primary School

BOOK OF PRAYERS

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Act of Contrition

O my God,
because you are so good,
I am very sorry that I have sinned against you,
and by the help of your grace
I will not sin again.
Amen

Act of love

O my God,
I love you above all things,
with my whole heart and soul, because you are all-good and worthy of all love.
I love my neighbour as myself for the love of you.
I forgive all who have injured me,
and I ask pardon of all whom I have injured.
Amen

Act of sorrow

O my God,
I thank you for loving me.
I am sorry for all my sins, for not loving others and not loving you.
Help me to live like Jesus and not sin again.
Amen

An Advent litany of thanks

For the joys of Advent,
thank you God.
For the fun of making cards and gifts,
thank you God
For the joy of the Advent calendar,
thank you God.
For the lights on the Advent wreath,
thank you God.
For the songs to sing and the stories we hear,
thank you God.
Especially for Jesus,
thank you God.

An Advent Prayer

In his love Jesus has filled us with joy
As we prepare to celebrate his birthday
So that when he comes
He may find us watching in prayer
Our hearts filled with wonder and praise

The Angelus

The Angel of the Lord declared to Mary:
And she conceived of the Holy Spirit.
Hail Mary, full of grace, the Lord is with thee; blessed art thou among women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.
Behold the handmaid of the Lord: Be it done unto me according to Thy word.
Hail Mary . . .
And the Word was made Flesh: And dwelt among us.
Hail Mary . . .
Pray for us, O Holy Mother of God, that we may be made worthy of the promises of Christ.
Let us pray:
Pour forth, we beseech Thee, O Lord, Thy grace into our hearts; that we, to whom the incarnation of Christ, Thy Son, was made known by the message of an angel, may by His Passion and Cross be brought to the glory of His Resurrection, through the same Christ Our Lord.
Amen.

Benedictus

Blessed be the Lord, the God of Israel! He has looked favourably on his people and redeemed them. He has raised up a mighty saviour for us in the house of his servant David, as he spoke through the mouth of his holy prophets from of old, A saviour who would free us from our foes, from the hands of all who hate us. So his love for our fathers is fulfilled and his holy covenant remembered. He swore to Abraham our father to grant us, that we, being rescued from the hands of our enemies, might serve him without fear, in holiness and righteousness before him all our days. As for you, child, you shall be called a prophet of God, the most High; for you will go before the Lord to prepare his ways, to give knowledge of salvation to his people, by the forgiveness of their sins. By the tender mercy of our God, the dawn from on high will break upon us, to give light to those who sit in darkness and in the shadow of death, to guide our feet into the way of peace.

A Prayer for Christmas Morning

Dear Jesus
When we come to the crib on Christmas morning,
May we love you as Mary loved you,
Serve you as Joseph served you,
And come to you as the shepherds and wise men came to you with gifts.
Amen

A Christmas Prayer

God our Father,
we rejoice in the birth of Jesus,
May we share his life completely
By living as he taught.

Come Holy Spirit

Come Holy Spirit,
fill the hearts of your faithful and enkindle in them the fire of your love.
Send forth your spirit and they shall be created
and you shall renew the face of the earth.
Amen.

Eternal Rest

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them.
May they rest in peace.
Amen.

Evening Prayer

God our Father, I come to say,
Thank you for your love today.
Thank you for my family, And all the friends you give to me.
Guard me in the dark of night and in the morning send your light.
Amen

Evening Prayer

Lord, keep me safe this night, safe from all my fears.
May angels guard me whilst I sleep, till morning light appears.
Amen

Glory be to the Father

Glory be to the Father,
and to the son,
and to the Holy Spirit,
as it was in the beginning
is now and ever shall be, world without end
Amen

Grace After Meals

Thank you, God,
for the food we have eaten.
Thank you, God,
for all our friends. Thank you, God,
for everything,
Thank you, God.
Amen.

Grace before meals

Bless us, O Lord,
and these Thy gifts, which we are about to receive from Thy bounty,
through Christ our Lord. Amen.

Hail Mary

Hail Mary, full of Grace, the Lord is with thee.
Blessed art thou among women, and blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God, pray for us sinners now, and at the hour of our death.
Amen.

I confess

I confess to almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do, through my fault, through my fault, through my most grievous fault; therefore I ask blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

A simple Magnificat

Mary was so happy, she sang a song of praise to God:
"God is so good. My heart is full of joy.
I give thanks and praise to God,
for God has blessed me very specially.
I am poor and unimportant,
Yet God has done such great things for me.
Holy is God's name.
God is so strong.
God's love lasts for ever.
God looks after everyone.
God is with the poor and the hungry.
God is always very close.
God never forgets anyone."
(based on Luke 1:46-55)

Morning Prayer

O my God you love me,
You're with me night and day
I want to love you always
In all I do and say
I'll try to please you Father
Bless me through the day
Amen

Morning prayer

Dearest Lord,
throughout today,
guide my words and work and play.
Bless my friends and family too
and keep me safe in all I do.
Amen

Morning Prayer

Father in heaven, I give you today,
all that I think and do and say.
And I unite it with all that was done,
by Jesus Christ, Our Lord and your dear Son.
Amen

Our Father

Our Father,
Who art in heaven,
Hallowed be Thy name.
Thy Kingdom come,
Thy will be done,
on earth as it is in Heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
Amen.

Prayer of St Francis

Lord, make me an instrument of your peace.
Where there is hatred, let me sow love;
where there is injury,pardon;
where there is doubt, faith;
where there is despair, hope;
where there is darkness, light;
and where there is sadness, joy.
O Divine Master, grant that I may not so much seek
to be consoled as to console;
to be understood as to understand;
to be loved as to love.
For it is in giving that we receive;
it is in pardoning that we are pardoned;
and it is in dying that we are born to eternal life.

Prayer of St Ignatius

Teach us, good Lord, to serve you as you deserve;
To give and not to count the cost;
To fight and not to heed the wounds;
To toil and not to seek for rest;
To labour and to ask for no reward,
Save that of knowing
That we do your will;
Through Jesus Christ our Lord
Amen

Prayer of St Richard

Day by Day
O dear Lord
Three things I pray;
To see thee more clearly
Love thee more dearly
And follow thee more nearly
Day by day

Prayers at Mass – Gloria

Glory to God in the highest,
And on earth peace to people of good will.

We praise you,
We bless you,
We adore you,
We glorify you,
We give you thanks for your great glory,
Lord God heavenly King,
O God, almighty Father.

Lord Jesus Christ, Only Begotten Son,
Lord God, Lamb of God, Son of the Father,
You take away the sins of the world,
Have mercy on us;
You take away the sins of the world,
Receive our prayer;
You are seated at the right hand of the Father,
Have mercy on us.

For you alone are the Holy One,
You alone are the Lord,
You alone are the Most High
Jesus Christ,
With the Holy Spirit
In the glory of God the Father
Amen

Lamb of God

Lamb of God you take away
the sins of the world
Have mercy on us
Lamb of God you take away
the sins of the world
Have mercy on us
Lamb of God you take away
the sins of the world
Grant us your peace

Lord have mercy

You were sent to heal the contrite of heart:
Lord have mercy
You came to call sinners:
Christ have mercy
You are seated at the right hand of the Father to intercede for us:
Lord have mercy

The Creed

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible.
I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages.
God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made.
For us men and for our salvation he came down from heaven, and by the Holy Spirit was incarnate of the Virgin Mary, and became man.
For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures.
He ascended into heaven and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead and his kingdom will have no end.
I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets.
I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

The Rosary

Start by making the sign of the Cross:
In the name of the Father, and of the Son and of the Holy Spirit. Amen.

Then recite the Creed:
I believe in God, the Father almighty,
Creator of heaven and earth,
and in Jesus Christ, His only Son, our Lord.
He was conceived by the Holy Spirit,
and born of the Virgin Mary.
He suffered under Pontius Pilate,
was crucified, died and was buried.
He descended into hell.
On the third day He rose again.
He ascended into heaven,
and is seated at the right hand of God the Father Almighty.
He will come again to judge the living and the dead.
I believe in the Holy Spirit,
the Holy Catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and life everlasting.
Amen.
Then say 1 "Our Father", 3 "Hail Mary's" for the virtues of Faith, Hope and Charity; and then 1 "Glory Be":